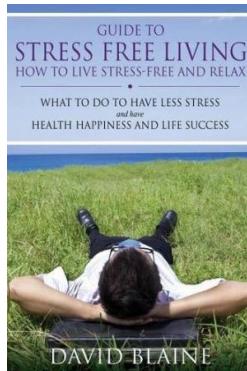


## Guide to Stress Free Living: How to Live Stress-Free and Relax



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